



52 Conversation Starters

Hi!

I am Kara Peterson, wife of 29+ years, mom of two adult sons, former teacher, founder of a non-profit, children's book author and connection expert!

I want to help you connect with your children.

After a day at school or away when you ask them a question do they often reply in one word responses, like "fine," "okay" or "good?"

These conversation starters are for you!

They are designed to be irrelevant in some instances, just imagination responses.

Others are serious and give your child a way of communicating to you their needs/preferences.

And there are others that help you "keep in touch" with what is going on in their lives.

If you want to find me and other resources I offer:

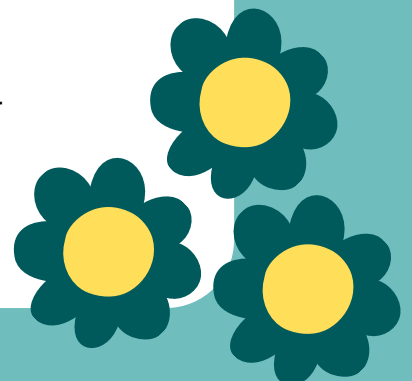
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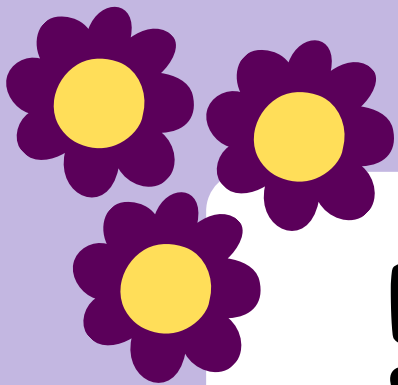
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I wish you happy and fruitful discussions with your kiddos, no matter their ages!

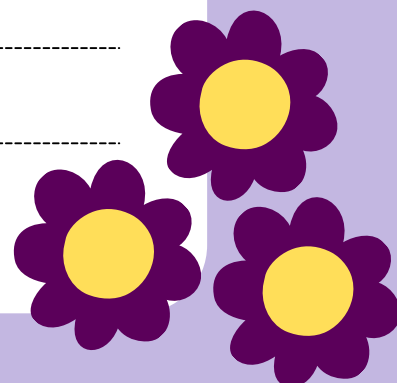
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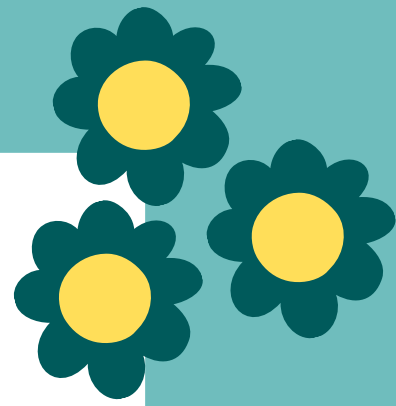


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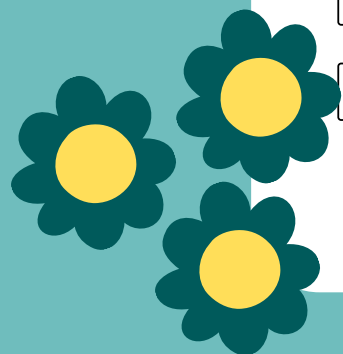
- If you could change ONE thing in your daily routine, what would it be?
- If you could make up a brand new school subject, what would it be?
- What did you do during lunch today? (Recess)
- Did you laugh today? Regardless of the answer, why?
- What would do for YOU if you were ME for one week?
- What is your least favorite food? How would you describe it to someone who doesn't know what it tastes like?
- What makes you feel loved?
- If you could wake up anywhere tomorrow, where would it be?
- Tell me one of your friends. If you could ask them any question, what would you ask them?
- How do you like to make people smile?
- What gets you through a rough day?
- What sport or hobby do you want to learn?
- What is your favorite book?



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- How do you know when someone wants to be your friend?
.....
- How do you like to spend your time when you are alone?
.....
- What was your favorite part of today?
.....
- Which family member, that does not live with us, do you enjoy seeing the most?
.....
- If you could be any age, which age would you pick? What would you do?
.....
- What are you really good at that you are proud of (not what others say)?
.....
- What is your favorite family memory?
.....
- If you wanted to remember this year and important events for you, what would you put in a time capsule to dig up in 15 years?
.....
- Do you have nightmares or fears that you know are not real, but still bother you?
.....
- If you were in a circus, which character would you be? Why?
.....
- What is your favorite smell?
.....
- If you could have a robot for the day, would you want it? What would it do?
.....
- Is there anyone at school you would like to know better?
.....





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- What is the best compliment you have ever received?

- Who is your most interesting friend?

- If you could make up a new school subject, what would it be?

- What hurts your feelings?

- What is something you wish you could do everyday?

- If you were deserted on an island with your best friend, what is the first thing you would do?

- What do you do when you are nervous?

- What was the last thing that made you really sad? Why?

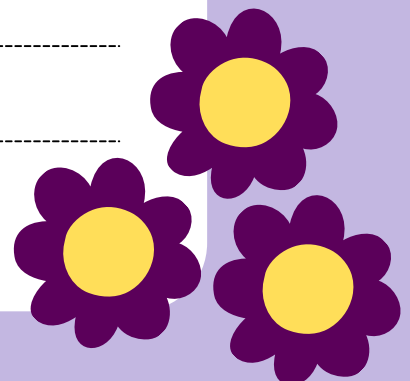
- What makes you want to become a better person?

- What is your favorite store?

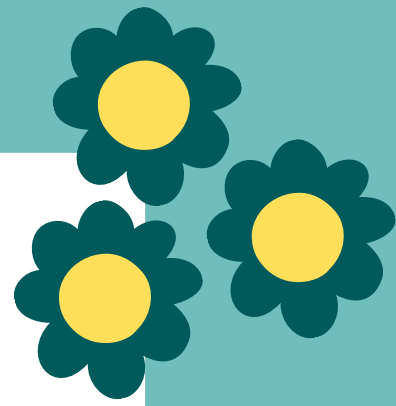
- Would you want to live forever? Why or why not?

- Which colors look best on you?

- What are the best traits for a family to have?



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- What is something you wish you could do everyday?

- What business would you like to start?

- Who is your favorite celebrity? Why?

- If you could be a wild animal, which one would you choose?

- Pick a theme song to describe you or your day or how you feel?

- What problem would you like to escape?

- What special event do you hope happens within the next 6 months?

- What is the saddest memory you have?

- What task do you put off until the last minute?

- What behavior can you not tolerate?

- When you make a decision, do you lead with your heart or head?

- Where would you like to take a roadtrip?

- Where would you most like to go: aquarium, botanical garden, museum or zoo?

